Master Your Teaching Skills

WITH A 300-HOUR PROFESSIONAL PROGRAM

You know the basics to give your students an intelligent and effective yoga class. Now become a community leader as a professional teacher through one-on-one mentorship, class assisting and workshops by master teachers in the field. It's time to define who you are as a yoga teacher and develop your own voice. Graduation from a Yoga Alliance 200 hour training is required. The course work in this program is 300 hours and will qualify graduates to register with the Yoga Alliance at the RYT-500 level.

PRANA YOGA CENTER MENTORS



Gerhard Gessner

WORKSHOP TEACHERS



Sara Deakin



Shauna MacKay



Lesley Flightmaster Jessica Seabern

Joan Hyman

Suzanne Sterling

Jesse Schein C

Carmen Fitzgibbon

UPCOMING TRAINING DETAILS: September 12 – February 28, 2016

- Apprenticeship with mentor teacher and pranayama, philosophy & practice teaching series
- Workshop series to refine your understanding of the theory & practice of yoga Please apply early to increase the likelihood of being placed in your requested mentor group



The Next Step: Free Class & Info Session

Sunday, May 17 • 1pm & Sunday, July 19 • 12pm

Interested in becoming a more knowledgeable, precise, and experienced yoga teacher? During this info session, we'll talk about the Yoga Works 300-Hour Teacher Training. We'll answer any questions you might have, and discuss the benefits of continuing your yoga education. Space is limited. Please RSVP.

Program Fees

\$3,500 by May 31 • \$3,750 by August 1 • \$4,000 after August 1



For More Information:

Gerhard at 858.456.2806 or gerhard@prana-yoga.com 1041 Silverado St, La Jolla, CA 92037 • www.prana-yoga.com

